

# bellydance revolution

## Zill Patterns: Bolero

The Bolero is a rhythm that comes from Spain. It stems from the Rhumba beat and is often used in ballroom dancing (The Bolero) in addition to belly dancing. The bolero rhythm is in 4/4 time, which means there are 4 beats to a measure and a quarter note gets one count.

### Which Hand To Use

For right-handed dancers: R RLR R RLR RLR

For left-handed dancers: L LRL L LRL LRL

### In Musical Notation (4 counts)

