

bellydance revolution

Zill Patterns: Gallop

This is the simplest finger cymbal pattern, and is sometimes called "Threes" because each set includes three cymbal strikes followed by a pause. The gallop rhythm is in 4/4 time, which means there are 4 beats to a measure and a quarter note gets one count. It sounds best if you alternate hands within each group of 3 notes so that the accent is made with your stronger hand.

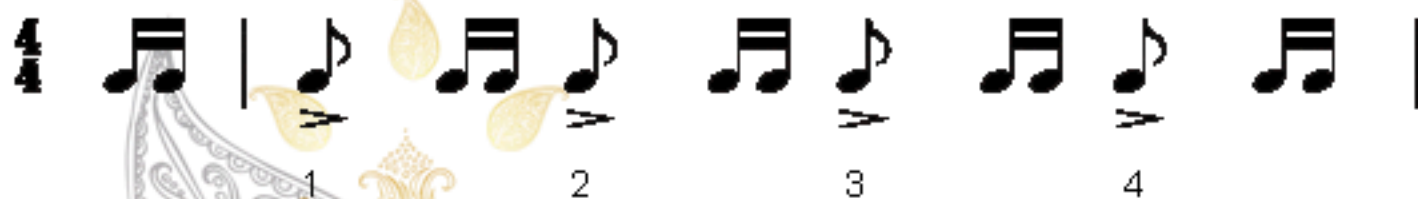
Which Hand To Use

For right-handed dancers: R RLR RLR RLR RL

For left-handed dancers: L LRL LRL LRL LR

(doum tek a doum tek a doum tek a doum tek a)

In Musical Notation (4 counts)



Variation (8 counts)

For right-handed dancers: R RLR RLR RLR RLR RLR RLR (and hold and)

For left-handed dancers: L LRL LRL LRL LRL LRL LRL (and hold and)

(doum tek a doum tek a doum tek a doum tek a doum tek a doum tek a doum)

